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February 2005

# FRONT RANGE FLYER

302nd Airlift Wing, U.S. Air Force Reserve Command

Peterson Air Force Base, Colo.



*Warming up  
with deployments*

See page 6

# Bring your 'do it now' attitude

By Brig. Gen. William P. Kane  
302nd Airlift Wing commander

As I stood by the crew entrance door and shook hands with our aerial porters as they

deployed to Iraq, I felt confident that they were properly prepared for their jobs. I was confident as I talked to the spouses that the members were ready to do their wartime tasks. The 39th Aerial Port Squadron has found a way to get the "deadly seven" done, but also kept their Air Force Specialty Code skills at a high level. When the mobilization call came, they were ready.

As I write this editorial, I am taken by the need for each of our squadrons and groups to ensure that we all are

as ready as we can possibly be. It is the responsibility of the squadron leadership but it is also the responsibility of the individual members of the squadron. It is not merely a question of prioritization, but it may be a matter of life and death.

At every unit training assembly, the commander and his or her staff have to make tough decisions on what must be done today and what can wait; it is rarely easy, because there are many, many competing requirements. Where does suicide prevention rank relative to annual weapons qualification? I cannot tell you. Each commander must look at the big picture and make the best call he or she can make.

What can you do? As you approach this, and every other UTA, think "efficient." We all have dead time during the UTA, small relatively unproductive blocks. Every time



Brig. Gen. William P. Kane, 302nd Airlift Wing commander, greets family members prior to the 39th Aerial Port Squadron's deployment in support of Operation Iraqi Freedom. (Photo by Tech. Sgt. Tim Taylor)

we waste those we create a logjam in upcoming UTAs. All of a sudden a postponable task becomes a crisis. Officer performance reports and enlisted performance reports are a perfect example. They are important to our promotions and our careers, but they are easy to postpone, aren't they? You each know when they are due, but how many of us wait to be told we need to write it? You can find examples in our AFSC training as well.

My point here is not to micromanage your UTA, but to ask you to take responsibility for your training. Every time I stand at the crew entrance door and shake hands, I want to know that you are fully qualified and ready to perform your wartime mission.

I also want our spouses to know we are truly ready to do our jobs safely and professionally.



**Front Range Flyer**  
Vol. 20, No. 2  
February 2005

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## On the cover



**De-icing de-airplane**  
Staff Sgt. Tye Taylor, 302nd Maintenance Squadron assistant crew chief, de-ices a C-130 Jan. 4. The aircraft was transporting 39th Aerial Port Squadron members to Andrews Air Force Base, Md., in support of Operation Iraqi Freedom. See story on page 6. (Photo by Tech. Sgt. Tim Taylor)

## UTA Schedule

**Next UTA: Feb. 5-6**

**March 5-6**  
**April 2-3**  
**May 14-15**

The next UTA schedule is printed in more detail on page 10. The **Front Range Flyer** is mailed each month to all 302nd Airlift Wing members on file with Personnel Systems. If you are not receiving your magazine, check with your orderly room or administration section to ensure your address is correct.

# Overcoming Valentine's Day phobia

**By Chaplain (Capt.) Tim Wilson**  
302nd Airlift Wing chaplain

Have you ever planned the perfect Valentine's Day only to have it go bust? You feel confused and hurt. "I gave it my best shot," you say as you try to console yourself. Either you decide to try harder next year or you just give up all together. Some even begin to dread that romantic day, developing a kind of Valentine's Day phobia.

If this is your predicament, Gary Chapman's book, *The Five Love Languages*, can bring welcome relief. Chapman maintains that each of us experience love primarily in one of five different ways. That could explain why your valiant valentine efforts just haven't seemed to work well. It may be that you and your mate are speaking two different languages of love!

For some, the primary language of love is affirming words. It is expressing your love verbally in a sincere way. Your encouraging and kind words warm their heart. "You are the greatest. I'm the luckiest person in the world to have you in my life!" Affirming words go straight from the ears to the heart with the message, "I am loved."

Spending quality time together is another love language. However, it is more than just being together; it is enjoying each other's presence. It is doing something enjoyable with each other that re-energizes the relationship. A quiet walk, just the two of you with no kids, no TV, no computer games; or meeting for lunch or maybe even a weekend getaway, just spending quality time with one another, is how some experience the feeling of being loved.

Receiving a gift is the third language of love. Gifts are a visual sign of a heart that cares. These gifts don't always have to be expensive – wild flowers you pick, a card that expresses your love, a box of their favorite chocolates – can say to some that they are valuable to you. The thoughtfulness behind the gift reminds them of your love; that you are thinking about them even while you are apart.

For others, receiving special gifts just doesn't do it; it's not their language. They may experience love through acts of service. Pitching in and helping out, doing a special project around the house or cooking that certain meal are acts of service that say in practical ways, "I love you." Those

acts of service which require thought, planning, time and effort mean that you really care. You show your heart through your actions. An act of service done with a positive spirit is the language of love that really counts for some.

The fifth language of love is that of physical touch. It can be a powerful way of communicating love. A small touch on the shoulder, a back rub, holding hands, a hug, or a kiss is the emotional life line for those who experience love through physical touch. It fills their emotional tank and makes them feel warm and secure in the relationship. Without this touch, they feel unloved.

We all experience affection in different ways. That's why flowers may or may not be the answer to a wonderful Valentine's Day. It may be making a special meal or it may not be. It might be an evening out, just the two of you, and then again, it may be a hug or a back rub. On Valentine's Day and throughout the year, it is crucial to understand your mate's language of love. It can help you overcome symptoms of Valentine's Day phobia you may experience, and who knows, it may bring a bit of Valentine's Day to every day.

## Looking sharp – one way to set the example

**By Chief Master Sgt. Gary L. Brown**  
302nd Security Forces Squadron

*Editor's note: This is the first in a three part series about setting the example by looking sharp.*

You are TDY at a base you are unfamiliar with and you need assistance locating a building. You look around and you see two different troops passing by who could possibly help you. One looks sharp in their uniform and the other looks like he slept in it all night and violates the majority of Air Force Instruction 36-2903. Ask yourself this question. Which

one do I think will probably assist me in the manner I need?

The majority of all personnel will pick the sharper-looking troop due to the impression that is given from their dress and appearance. Chances are the sharp troop will know what they are talking about and will actually care to help.

Setting the example for your troops to follow through your dress and appearance is just the tip of the iceberg of examples you can set to lead your Airmen and junior officers.

In the October 2004 edition of the Front Range Flyer I wrote an article about leadership and how it embodies the Air Force Core Values. I would like to em-

bellish on another leadership responsibility, if you will – setting the example. I believe you must set the example in your unit. Making a positive, lasting impression can begin by setting the example with something so simple as your dress and appearance in accordance with AFI 36-2903.

Here is the first of a few examples which will help you set the example:

Male hair appearance must be tapered on both sides and back, both with and without headgear. Block cut is permitted with tapered appearance. Your sideburns will not exceed the lower most part of the ear opening. Moustaches will not

extend downward beyond the lip line of the upper lip or extend sideways beyond a vertical line drawn upward from the corner of the mouth. According to the recent uniform board changes males are allowed to shave their head if they prefer.

Female hair appearance will not extend in length on all sides below an invisible line drawn parallel to the ground at the bottom edge of the shirt collar at the back of the neck.

For both males and females, should the hair be dyed, it will be of a natural shade of color.

*Coming in March – the uniform.*

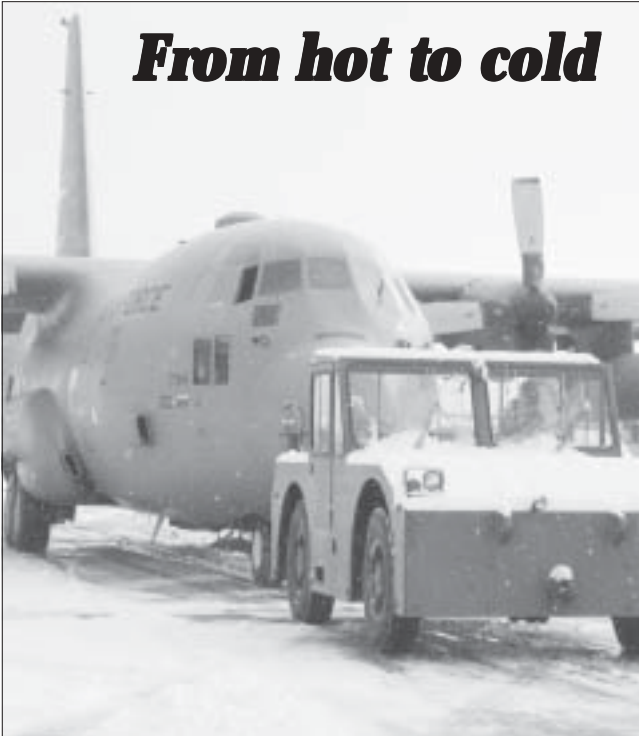
*Coming in April – body modification.*



### 2005 Reserve Pay for Four Drills Years of Service

	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24	Over 26
O-7	888.80	930.08	949.20	964.40	991.88	1,019.00	1,050.44	1,081.80	1,113.20	1,211.92	1,295.28	1,295.28	1,295.28	1,295.28	1,301.84
O-6	658.76	723.72	771.20	771.20	774.12	807.32	811.72	811.72	857.84	939.40	987.28	1,035.12	1,062.36	1,089.88	1,143.40
O-5	549.16	618.64	661.48	669.52	696.20	712.24	747.40	773.20	806.48	857.48	881.76	905.76	933.00	933.00	933.00
O-4	473.84	548.52	585.12	593.28	627.24	663.68	709.00	744.36	768.88	782.96	791.16	791.16	791.16	791.16	791.16
O-3	416.60	472.28	509.76	555.76	582.36	611.56	630.48	661.60	677.76	677.76	677.76	677.76	677.76	677.76	677.76
O-2	359.92	409.96	472.16	488.12	498.16	498.16	498.16	498.16	498.16	498.16	498.16	498.16	498.16	498.16	498.16
O-1	312.48	325.20	393.08	393.08	393.08	393.08	393.08	393.08	393.08	393.08	393.08	393.08	393.08	393.08	393.08
O-3E	0	0	0	555.76	582.36	611.56	630.48	661.60	687.80	702.80	723.28	0	0	0	0
O-2E	0	0	0	488.12	498.16	514.04	540.76	561.48	576.88	576.88	576.88	0	0	0	0
O-1E	0	0	0	393.08	419.84	435.32	451.16	466.76	488.12	488.12	488.12	0	0	0	0
E-9	0	0	0	0	0	0	520.16	531.96	546.80	564.32	581.88	610.12	634.00	659.16	697.56
E-8	0	0	0	0	0	425.80	444.64	456.28	470.28	485.40	512.72	526.56	550.12	563.20	595.36
E-7	296.00	323.08	335.44	351.84	364.60	386.60	398.96	411.28	433.28	444.32	454.76	461.16	482.72	496.68	532.00
E-6	256.04	281.68	294.12	306.20	318.80	347.24	358.28	370.56	381.32	385.16	387.76	387.76	387.76	387.76	387.76
E-5	234.60	250.28	262.36	274.76	294.04	310.64	322.88	326.76	326.76	326.76	326.76	326.76	326.76	326.76	326.76
E-4	215.04	226.08	238.28	250.36	261.04	261.04	261.04	261.04	261.04	261.04	261.04	261.04	261.04	261.04	261.04
E-3	194.16	206.36	218.80	218.80	218.80	218.80	218.80	218.80	218.80	218.80	218.80	218.80	218.80	218.80	218.80
E-2	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60	184.60

## From hot to cold



During the summer of 2004, this 302nd Airlift Wing C-130 was battling wildfires across the Western United States. On Dec. 22, MAFFS #5 rolled out of a maintenance hangar to a chilly, snow-covered ramp following a snowstorm. (Photo by Tech. Sgt. Tim Taylor)

## Push is on for spouse groups

The 302nd Family Support Office is encouraging units to form a spouse support group and is willing to assist in any way possible.

This group can include spouses, kids, parents, grandparents, aunts, uncles and significant others. Family support would like to get these people together so they can communicate with other spouses, family members, etc., in the units and with family support. If the military member gets deployed this will make the transition easier.

Family support is also looking for volunteers from wing units who may be willing to do minor odd jobs for family members of those deployed. Volunteers are being sought in all locations. This could include changing a spring on a garage door, mowing the lawn for a pregnant spouse or assisting with telephone calls at the family support office.

If you would like to volunteer or would like more information, call family support at 556-6505.

## Awards luncheon scheduled for March 5

The 302nd Airlift Wing's Annual Enlisted Awards Luncheon will be held Saturday, March 5, in Bldg. 210, Hangar 1, from 11 a.m. to 12:30 p.m.

Honorees for 2004 include three members of the 302nd Logistics Readiness Squadron – Capt. Kristen Simpson, Senior Master Sgt. Jonathon Christian and Airman 1st Class Paul Franklin – along with

Master Sgt. Jerome Hinojos, 302nd Security Forces Squadron, and Staff Sgt. Waihini Gaditano, 302nd Mission Support Flight.

Dress for the event will be battle dress or uniform of the day for military members and casual attire for civilian attendees. Tickets are \$5 each and are available from any first sergeant.

# Logistics squadron receives prestigious awards

**By Tech. Sgt. David D. Morton**  
*Front Range Flyer*

Another first for the 302nd Logistics Readiness Squadron was accomplished when the unit recently received the 22nd Air Force Logistics Readiness Squadron Activity of the Year Award for 2004 and the American Petroleum Institute of the Year Award.

The squadron was the first unit to stand up during Air Force Reserve Command's restructuring period which took place more than two years ago.

"The logistics readiness squadron is a relatively new concept that transcended from the previous logistics support squadron under the Air Force's restructuring initiative to enhance our expeditionary capabilities," said Chief Master Sgt. Eric Cook, 302nd LRS superintendent. "It integrated four logistics core competencies – fuels, plans, supply and trans-

portation – into one squadron and gave birth to the truly impressive logistics readiness officer who is proficient in all four competencies.

"The LRS orderly room keeps us all singing from the same hymnal," he added. "We are primarily composed of traditional reservists and are fortunate to work with the finest air reserve technicians in the command. We are extremely proud of the accomplishments we've achieved and of this recognition."

"Winning the top fuels award was part of a team effort throughout the squadron," said Master Sgt. Mike Slattery, non-commissioned officer in charge of fuels. "We could not have done it without the support from other sections in the squadron."

That kind of team effort was also credited in winning the squadron award.

"The logistics readiness squadron faced many changes and endured difficult challenges

over the past two years," said Lt. Col. Melinda Clearwater, former 302nd LRS commander. "It's the unity of the squadron that makes it successful. The transformation of four independent areas into one cohesive group is astonishing. The unique identity of each section is recognized and supported by all."

Despite personnel shortages, the squadron was able to augment many of the wing's aerial fire-fighting operations in Arizona, Colorado, Utah, Idaho and California while supporting Coronet Oak and Joint Forge operations

*Logistics continued on  
page 10*



Airman 1st Class Joshua Colby, 302nd Logistics Readiness Squadron fuels technician, and Staff Sgt. Thomas Leaman, 302nd LRS fuels journeyman, perform an aircraft pre-fueling set-up and inspection. (Photo by Tech. Sgt. David D. Morton)

## Reservists eligible for security forces augmentee program

**By Master Sgt. Bruce Wilkes**  
*302nd Airlift Wing plans office*

The next time you go through the gate, look at the face of the person checking your ID, you might recognize them. The 302nd Airlift Wing has almost 30 individuals volunteering as security forces augmentees. These individuals are assigned to security forces for an agreed amount of time and perform security forces functions including manning the gates at points-of-entry.

This program started in the summer of 2004 to help relieve the demands on security forces after 9/11. The volunteers are from all Air Force Specialty Codes, are given security forces training and then set loose under the supervision of a security forces member to perform all variety of duties.

Several of our members are here while many have chosen to go to Schriever

Air Force Base, the Air Force Academy, Buckley AFB and even overseas. The augmentee program allows a member to volunteer at any base that has the need.

To volunteer for the program, there are several items which must be accomplished before adorning the blue beret. Your supervisor must approve, you need to be current in the "Big 7" deployment items, and you must maintain proficiency in your AFSC; to accomplish this you have to perform unit training assemblies. Tours are a minimum of 30 days so a waiver is requested from the Security Forces Center at Lackland AFB, Texas. After the waiver is approved and mandays are authorized the duty begins.

Presently, the augmentee program is funded through Sept. 30. If you want to go back on active duty for a while with all the pay and benefits call the 302nd AW plans office at 556-8739 and off you go into the wild blue yonder.

## Scholarship deadline nearing

FORT LEE, Va. – There's still time to submit an application to the Scholarships for Military Children program. The deadline for the \$1,500 scholarships is Feb. 16 and all applications must be delivered to the commissary by the close of business that day. At least one scholarship will be awarded at every commissary with qualified applicants.

The application can be downloaded through a link on the front page of <http://www.commissaries.com> or downloaded from <http://www.militaryscholar.org> and filled out by hand or on the computer. Copies of the application are also available at commissaries.

The scholarship program is open to unmarried children under the age of 21 (23 if enrolled in school) of active duty personnel, including Coast Guard, Guard and Reserve, and retired military. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database.

Additional instructions can be found on the application or at <http://www.militaryscholar.org>.



# 302nd Airlift Wing members deploy



Family members and friends watch as 39th Aerial Port Squadron prepare to leave for Iraq Jan. 2. (Photo by 2nd Lt. Jody Ritchie)

**By Tech. Sgt. Tim Taylor**  
*Front Range Flyer*

302nd Airlift Wing members departed Colorado's chilling, mid-winter temperatures to warmer climates in early January. They also left family, friends and Reserve comrades to do their part to support Operation Iraqi Freedom.

The first of two flights comprising approximately 50 mem-

bers of the 39th Aerial Port Squadron left Jan. 2 for Iraq. Those reservists are assigned to the 447th Air Expeditionary Group at Baghdad International Airport. The second flight departed Jan. 4 for Andrews Air Force Base, Md.

Four other wing Airmen departed Jan. 10 for Ali Al Salem Air Base in Kuwait, where they are assigned to the 386th Air Expeditionary Wing. Three are

from the 302nd Services Flight – Tech. Sgt. Robert Bostick, services specialist, and Senior Airmen Patricia Rojero and Guadalupe Sojo, services apprentices. Joining them will be Master Sgt. David Medina, 302nd Mission Support Squadron information manager. Sergeant Medina served with the 386th AEW in 2004 and returned in late summer. Sergeant Bostick went to Prince Sultan AB, Saudi Arabia in 2000 to fill an Air Expeditionary Force tasking. "I was too young to go to Vietnam," said Sergeant Bostick. "I have never served my country in a wartime capacity and I always wanted to. This is my opportunity."



Staff Sgt. Jeremy Jamison, 39th Aerial Port Squadron, air transportation technician, walks with sons, Vaughn (left) and Mason, before deploying Jan. 4. (Photo by Tech. Sgt. Tim Taylor)

For Airmen Rojero and Sojo, it is their first deployment. The day before they deployed both said they were anxious to go. "I feel good about it," said Airman Rojero. "I'm getting anxious and

**302nd continued  
on page 11**



Lt. Col. Joli Garcia, 302nd Aeromedical Staging Squadron chief nurse (left), and Master Sgt. Erin Huffaker, 39th Aerial Port Squadron aerial delivery crew chief, discuss shot requirements during deployment processing Dec. 28. (Photo by Tech. Sgt. Tim Taylor)



Left to right, Senior Airman Guadalupe Sojo, Tech. Sgt. Robert Bostick, and Senior Airman Patricia Rojero will represent the 302nd Service Flight in Kuwait. (Photo by Tech. Sgt. Tim Taylor)



Left to right, Richard E. Eunice, AFRC/CEC; John Galloway, Army Corps of Engineers; Jim Brown, Operations Manager, PCL Construction Services; Col. Gary W. Shugart, 21st Space Wing inspector general; Brig. Gen/ William P. Kane, 302nd AW commander; The Honorable Joel Hefley, U.S. House of Representatives, Colorado District 5; Lt. Col. James Tully, 39th Aerial Port Squadron commander; Debbie Oldes, spouse of Tech. Sgt. Daniel R. Oldes, 39th APS (deployed to Iraq); Kent Hanebaum, Vice President, C.H. Guernsey and Company; Jeff Bolgren, Project Manager, C.H. Guernsey and Company. (Photo by Tech. Sgt. Tim Taylor)

## Aerial porters, airlift control flight to get new home

**By Tech. Sgt. David D. Morton**  
*Front Range Flyer*

The 39th Aerial Port Squadron and 302nd Airlift Control Flight are getting a new home. Another step in providing that home was realized during a groundbreaking ceremony Jan. 13.

Construction of the 30,000-square-foot facility will cost an estimated \$7.7 million. It will include a parachute drying tower, pallet build-up areas, unloading areas, training classrooms, equipment storage, and administrative space. The two-story structure will

be supported by a concrete foundation, and comprised of steel framing. It will also include an asphalt shingle roof.

"It's hard to measure efficiency," said Brig. Gen. William P. Kane, 302nd AW commander. "But this facility will provide great improvement in mission readiness for years to come. We owe this to the young men and women who defend our nation every day."

Manning authorizations for the 39th APS is 142 people while the 302nd ALCF is 16. The 39th APS currently has 48 members deployed in support of Operation Iraqi Freedom. The aerial porters are currently housed

in hangar built in the 1940s and the airlift control flight works out of a trailer inside one of the wing's maintenance hangars.

"Military construction often takes a back seat to what is going on in the world," said the Honorable Joel Hefley, U.S. House of Representatives, Colorado 5th District. "This is a great day for the 39th APS, the 302nd Airlift Wing, the Air Force and those who commit themselves to defend us. We want to say thank you by giving them a great place to work."

Both units can expect to move into the new facility some time in March 2006.



### Memorial work

Left to right, Master Sgt. William Roberts, Tech. Sgt. Matthew Morris, Staff Sgt. Duane Caudill, Master Sgt. Charlie Huffman and Staff Sgt. Kevin Pavvoski are among several 302nd Fabrication Flight members who've been working on the Summit 38 Memorial, a tribute to a 302nd Airlift Wing crew who died in a C-130 crash on May 13, 1995 near Mountain Home Air force Base, Idaho. (Photo by Tech. Sgt. Tim Taylor)



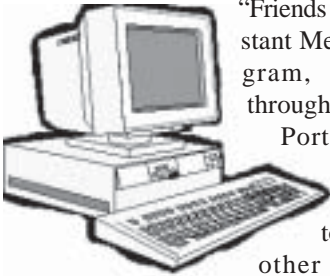
# Portal allows Airmen to chat with friends, family

By Staff Sgt. C. Todd Lopez  
Air Force Print News

WASHINGTON — Airmen at home station or a deployed location can now send instant messages to their friends or loved ones when they have access to the Internet.

The Air Force recently implemented the “Friends and Family Instant Messenger” program, available through the Air Force Portal. Now, besides using the system to connect with other Airmen on work-related projects, users can chat online with non-Air Force friends or family members, said Lt. Col. Joe Besselman, the program director for global combat support systems at Hanscom Air Force Base, Mass.

“There was a dual purpose for (the instant messenger),” Colonel Besselman said.



“Instant messaging has been a commercialization and socialization phenomenon in the commercial sector. Air Force leaders wanted to give that to Airmen, and to have that available in their work unit so they could chat with one another socially and also accomplish the mission. They also wanted to give deployed (Airmen) the capability to talk with their families back home.”

Under the new program, Airmen “sponsor” friends or family onto the portal by entering their e-mail addresses into the system. The portal then generates e-mails inviting them to log on and get their own specially configured account. Airmen can have up to five people added to the system, Colonel Besselman said.

One challenge faced by the Air Force information technology community when trying to open up the portal to non-Airmen was ensuring the network would remain safe from the viruses and malicious code so prevalent on the commercial side of the Internet. The Air Force system is for text-

only chats. “It doesn’t allow you to embed images or sounds or documents, where somebody could have put malicious code,” Colonel Besselman said.

The Air Force uses a commercially designed real-time chat program to power the program. The software does not need to be downloaded to users’ computers; it is entirely Web-based, Colonel Besselman said.

Friends or family members will not have the same access to the portal that Airmen have, but they will get limited access to the messenger.

“The (program) allows family members or friends a way to get an Air Force Portal account, but all they see is (the instant messenger),” Colonel Besselman said. “This doesn’t give them all the power of the portal, but just a scaled back version.”

Within the system, it only allows visitors to see if their sponsors are logged on.

To use the on-line chat, Airmen first need to get an Air Force Portal account. To sign up, visit <https://www.my.af.mil>.

## Temporary TRICARE health benefits become permanent

The National Defense Authorization Act for fiscal year 2005, enacted into law on Oct. 28, 2004, makes permanent some provisions that were previously temporary.

Key TRICARE provisions under the legislation include:

**Section 701** - TRICARE coverage for members of the Reserve component who commit to continued service in the selected Reserve after release from active duty.

Authorizes TRICARE Standard coverage for members of the Selected Reserve (and family members) activated for more than 30 days since Sept. 11, 2001, in support of a contingency operation and continue service in the Reserve for one year or more.

For every 90 days of consecutive active duty service, member and family members are eligible for one year of

TRICARE Standard coverage while in nonactive status.

The Reserve member must pay a premium of 28 percent of the total amount determined by the Assistant Secretary of Defense, Health Affairs, as being reasonable for TRICARE coverage.

The Department of Defense must implement this within 180 days of enactment.

**Section 703** - Permanent earlier eligibility date for TRICARE benefits for members of the Reserve and their family members.

Provides permanent eligibility for up to 90 days before an active duty reporting date for active duty service members and their family members.

**Section 704** - Waiver of certain deductibles under TRICARE program for members on active duty for a period of more than 30 days.

Authorizes the waiver of

TRICARE deductible amounts for family members of Reserve members called to active duty.

**Section 705** - Authority for payment by the U.S. of additional amounts billed by providers to activated Reserves.

Allows DoD to protect the beneficiary from “balance billing” for an amount up to 15 percent over TRICARE Maximum Allowable Charge.

Authorizes TRICARE to pay nonparticipating providers up to 115 percent of the TMAC to providers who treat family members of the activated Selected Reserve.

**Section 706** - Permanent extension of transitional health care benefits and the addition of requirement for pre-separation physical examination.

Extends permanently TRICARE benefits under the Transitional Assistance Management Program to 180 days

for members who separate from active duty service.

Authorizes DoD to prescribe in regulations the content of the physical provided to each member prior to separating from active duty service.

Authorizes a waiver of the requirement for a physical examination if a member has undergone a physical examination within 12 months before the schedule date of separation, and would require that a waiver may be granted only with the consent of the member and the member’s unit commander.

As DoD implements each of these new provisions, TRICARE Management Activity will post up-to-date information and guidance on the TRICARE Web site [www.tricare.osd.mil](http://www.tricare.osd.mil) and the Reserve Affairs Web site at [www.defenselink.mil/ra](http://www.defenselink.mil/ra). (Courtesy of TRICARE)





## Your commissary now open Mondays

The Peterson Air Force Base Commissary is now open on Mondays.

The commissary will be open from 9 a.m. to 8 p.m. Monday through Friday, 8 a.m. to 6 p.m. Saturday and 9 a.m. to 5 p.m. Sunday.

## Get TRICARE answers via e-mail

TRICARE Help E-mail Service, also known as THEMS, is a free e-mail service that provides timely responses to TRICARE questions.

To contact THEMS, e-mail: [TRICARE\\_Help@amedd.army.mil](mailto:TRICARE_Help@amedd.army.mil).

To find your nearest Beneficiary Counseling and Assistance Coordinator go to <http://www.tricare.osd.mil/bcactdirectory.cfm>.

## 21st SW offers support to Reserve families

The 21st Space Wing Family Support Center is offering a variety of programs this month. These are open to reservists,

active duty, and family members of both.

To attend any of these programs, contact the family support center at 556-6141.

Dates and programs are: Feb. 11, Credit Reports/Protecting your identity; Feb. 14-17, Employment/Tuition Assistance Program Services; Feb. 16, Heart link (an orientation workshop for spouses and fiancées who want to learn more about the Air Force mission, customs, traditions and protocol); Feb. 17, Career Marketing Strategies; Feb. 22, Resume Review Class; Feb. 23, Advanced Interviewing Class; Feb. 24, Job Orientation; Feb. 25, Budgeting for Your Future.

## Virtual education is available to you

Create your own account and gain access to on-line customer service tools like CCAF transcript requests receipt of civilian transcripts, CLEP/DANTES, regional school listings, course schedules, practice tests and CCAF Degree Progress Reports.

Visit <https://afvec.langlely.af.mil> for more information.

## Comm flight offers training classes

The 302nd Communications Flight offers various training on Sundays during unit training

assemblies.

Members in the 3A0 career field receive training from 9-10 a.m. Records training is offered from 10-11 a.m. Privacy Act/Freedom of Information Act training is from 2-3 p.m. Records training and Privacy Act/Freedom of Information Act training are held by request only.

The schedule of available training is also located on the limited website, <https://www.mil.afrc.af.mil/302aw/MSG/cf/ebm/training/training.htm>.

For more information, contact Staff Sgt. Terry Coen, knowledge management branch chief, at 556-3299.

## Apply now for spouse scholarships

The Air Force Spouse Scholarship is designed to encourage 30 Air Force spouses worldwide to pursue associate/bachelor undergraduate or graduate/postgraduate degrees.

Applications for these \$1,000 scholarships are accepted through March 31.

If you have questions, contact the Aerospace Education Foundation at [aefstaff@aef.org](mailto:aefstaff@aef.org) or 1-800-291-8480.

## Wear proper attire when riding motorcycles

All motorcyclists riding on Peterson Air Force Base must

wear long pants, a long-sleeved shirt or jacket, full-fingered gloves and over-the-ankle boots.

They must also attend a formal motorcycle safety course in order to get a base permit. Call 556-4392 to sign up for the class. The class is free of charge.

## 'Andro' supplement off limits in new year

By Staff Sgt. C. Todd Lopez  
*Air Force Print News*

WASHINGTON — Airmen who take androstenedione to increase muscle mass will have to do extra repetitions at the gym.

Under a new law that took effect Jan. 20, the prohormone androstenedione is classified as a Schedule III controlled substance. Schedule III substances are those defined by the government as having a potential for abuse. The drug, commonly called "andro," is used by bodybuilders to help build mass, said Col. (Dr.) Vincent F. Carr, the Air Force's chief consultant for internal medicine services.

Androstenedione is found in many bodybuilding supplements that are available in nutrition and fitness stores. The products are not available in AAFES stores.

Use, possession, or distribution of androstenedione is a violation of the Uniform Code of Military Justice.

# Mission Impossible? Set sights on dethroning bowling champs

By Tech. Sgt. Tim Taylor  
*Front Range Flyer*

Good morning 302nd Airlift Wing members. Your mission, if you choose to accept it, is to dethrone the Maintenance bowling team.

Maintenance has won the annual bowling fund-raising tournament three years running. It's time to put a stop to their domination of the 302nd AW. You will become a hero in the eyes of the free world (well, at least within the wing) if your team can put

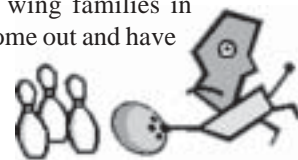
an end to the Maintenance dynasty.

Wing teams will have that opportunity on Saturday, April 2, at the 4th Annual Bowling Tournament and Fundraiser. To enter, just assemble a five-person team from your unit (spouses are welcome, but members have priority), give it a name, sign up and pay your entry fee before 4:30 p.m. Sunday, March 6.

The tournament will begin at 3 p.m. at the Peterson Air Force Base bowling center. If more than 20 teams sign up, a second start time will be scheduled for 6:30 p.m.

If you are unsuccessful, the wing will disavow any knowledge of your existence. However, a portion of the proceeds from the event will go to the 302nd Family Support office to help wing families in need, so just come out and have fun.

For more information, contact Greg Sprong, Terry Brassard, Rodolfo Pena, Aaron Jenkins, Teresa Aguilar or Hope Clark-Vasquez at 556-4001.



# Unit Training Assembly Schedule

## February 5-6

	<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>POC</u>
S A T U R D A Y	0530 – 0800	Breakfast/Brunch	Aragon Dining Facility	SVMFA/6-4180
	0600 – 0730	“Jump Start” Fellowship	Sandy's Restaurant	HC/6-7428
	0730 – 1600	Newcomers Orientation	Bldg. 893, Conference Room	DPMSC/6-8185
	0730 – 0900	No Meeting Period	All Locations	CV/6-7087
	0730 – 1630	Physical Exams	Clinic	ASTS/6-1132
	0745 – 1630	MPF Hours	Bldg. 895, Room 219A	DPMSC/6-8185
	0900 – 1000	Unit Training Manager Meeting	Bldg. 895, Room 203	DPMT/6-7250
	1000 – 1600	Military Clothing Sales	Bldg. 1466	LSM/6- 3227
	1000 – 1045	Wing Training Planning Council	Bldg. 895, Room 203	CCX/6-0142
	1000 – 1100	Wing Commander's Call	Base Theater	PA/6-4117
	1100 – 1230	Annual Awards Luncheon	Bldg. 210, Hangar 1	CCC/6-8132
	1100 – 1300	Lunch	Aragon Dining Facility	SVMFA/6-4180
	1100 – 1300	Lunch & A Lift	Aragon Colorado Room	HC/6-7428
	1215 – 1530	CDC/PME Testing	Bldg. 895, Room 203/204	DPMT/6-7250
	1300 – 1600	Chaplain Available	Bldg. 893, Room 143	HC/6-7428
	1300 – 1530	Self Aid/Buddy Care Refresher	Bldg. 350, Room 2127	ASTS/6-1132
S U N D A Y	1600 – 1800	Dinner	Aragon Dining Facility	SVMFA/6-4180
	2000 – 2300	Late Night Carry-out	Aragon Dining Facility	SVMFA/6-4180
	0530 – 0800	Breakfast/Brunch	Aragon Dining Facility	SVMFA/6-4180
	0730 – 0830	Chiefs' Group Meeting	Silver Spruce Golf Course	CCC/6-8132
	0730 – 1200	MPF Hours	Bldg. 895, Room 219A	DPMSC/6-8185
	0800 – 0900	Career Advisor Training	Bldg. 895, Room 203	CCA/6-7702
	0800 – 1000	3AO AFSC Training	Bldg. 893, Conference Room	SC/6-3299
	1000 – 1100	First Sergeants Meeting	Bldg. 208	CCF/6-8307
	1000 – 1100	Homosexual Policy Training	Bldg. 890, 2nd Floor Briefing Room	JA/6-8140
	1000 – 1100	Records Management Training	Bldg. 893, Conference Rm	SC/6-3299
	1000 – 1100	Family Support Unit Representative Mtg.	Bldg. 895, Training Room	DPMFR/6-6505
	1100 – 1200	Junior Enlisted Advisory Council	Bldg. 350	LRS/6-7371
	1100 – 1300	Lunch	Aragon Dining Facility	SVMFA/6-4180
	1600 – 1800	Dinner	Aragon Dining Facility	SVMFA/6-4180

✓ **Can't make the UTA but you made lodging reservations?** **Want an event on next month's schedule? Call (719) 556-446-9624 to cancel.** **Contact Master Sgt. Terry Brassard at (719) 556-4001 or 1-800-4117 or e-mail 302aw.pa@302.peterson.af.mil.**

### Logistics continued from page 5

overseas during the past year.

While some squadron members were supporting MAFFS, Coronet Oak and Joint Forge operations, others were busy processing and preparing shipment and storage of many household goods for Army members from Fort Carson deploying overseas.

“We were involved in many real world contingencies here and overseas,” said Senior Master Sgt. John Shepard, LRS transportation flight superintendent. “We had members willing to stay in place no

Staff Sgt. Mark Grace, 302nd Logistics Readiness Squadron vehicle operations apprentice, and Tech. Sgt. Angela Bankston, 302nd LRS vehicle operator, inspect a bus. (Photo by Tech. Sgt. David D. Morton)

matter where they were for additional rotations and fill any unit shortfalls that came up.”

The squadron was also credited with providing one of the first transportation teams to be tasked by the Chairman of the Joint Chiefs of Staff to serve under the U.S. Army Command since World War II, augmenting combat convoy operations.

“People going above and beyond, and knowing what needs to be done, is behind our squadron winning this award,” said Master Sgt. Tim Martinez, 302nd LRS maintenance operations section NCOIC. “It’s about people stepping

up to complete whatever mission they’re involved with at the time.”





## Wing Newcomers

### 302nd Aeromedical Staging Squadron

Airman Hanna F. Peacock  
Airman 1st Class Katherine M. Beall  
Airman 1st Class Jamie L. Johnson  
Senior Airman Lixander Rosado Figueroa  
Staff Sgt. Lorena Chacon  
Staff Sgt. Sabrina N. Napue

### 302nd Maintenance Group

Tech. Sgt. Tom E. Crandall

### 302nd Aircraft Maintenance Squadron

Airman 1st Class Kevin J. Rabinovich

### 302nd Maintenance Squadron

Airman 1st Class Ryan C. Spawr  
Senior Airman Edward P. Clark  
Staff Sgt. Benjamin D. Millspaugle

### 302nd Maintenance Operations Flight

Airman 1st Class Sharlene M. Tandy  
Staff Sgt. Arthur Bernal

### 302nd Mission Support Flight

Senior Airman Leandra D. Rodriguez

### 302nd Civil Engineer Squadron

Senior Airman Cesar Guzman  
Tech. Sgt. Horace Baker

### 302nd Logistics Readiness Squadron

Airman 1st Class Gavin L. O'Brien  
Airman 1st Class Andrew L. Parmley  
Staff Sgt. Aboubacar Ballo

### 39th Aerial Port Squadron

Staff Sgt. Kenneth M. Kline  
Tech Sgt. Stephen W. Knapp

### 310th Security Forces Squadron

Airman 1st Class Steven A. Whitener  
Senior Airman Richard L. Duhaime  
Senior Airman Jonathan L. Kelley

### 302nd Operations Group Det. 1

Senior Master Sgt. Mary S. Christian  
Maj. Joel C. Miller  
Maj. Matthew G. Sanning

### 302nd Operations Support Flight

Staff Sgt. Kelly P. Mitchell

### 7th Space Operations Squadron

Maj. Matthew G. Higgins

### 19th Space Operations Squadron

Airman Scott J. Hollister Jr.

### 26th Space Agressor Squadron

Staff Sgt. Matt A. Telljohn

## Sharp Troop of the Month

**Name:** Matthew J. Morris

**Rank:** Technical Sergeant

**Section:** Fabrication flight

**Job:** Aircraft structural maintenance

**Date assigned:** May 2001

**Hometown:** Aurora, Colo.

**Hobbies:** Sports, dirt bikes, camping & fishing

**Favorite thing about your job:** Challenge, pride, demand

Supervisors - Do you have an exceptional troop whom you would like to nominate for Sharp Troop of the Month? If so, contact the editor of the *Front Range Flyer* at 302aw.pa@302.peterson.af.mil, or call (719) 556-4117, or toll free (800) 446-9624.



## Retirees

Maj. Jennifer Curtis, 731st AS

Chief Master Sgt. Carolyn Rice, 302nd MSF

Senior Master Sgt. Larry Franzen, 302nd MXG

Senior Master Sgt. Johnathan Christian, 302nd LRS

Master Sgt. William Horton, 39th APS

Master Sgt. Roger Wolf, 302nd MOF

## Wing Promotions

### Chief Master Sergeant

Larry Crooks

### Master Sergeant

Marvin W. Gielen

Lynde L. Parker

Felicia Grillo

Christopher Gardner

Augusto Goncalves

Clark Power

Ana Dominguez

Gregory Sprong

John Gaydusek

Kyle White

Leroy Rodriguez Jr.

### Technical Sergeant

William C. Hosey

Shane Williams

Jay S. Michaud

Robert H. Wilson III

Christopher D. Soltysik

Jeffrey Stephenson

Deanna Scott

Darrell Miller

Richard Bribiesca

Samuel Alexander

### Staff Sergeant

David A. Dunnock

Jason E. Lujan

Sasha B. Taranto

Christian J. Picard

Mia Rigillo

Timothy Beals

Esta Schmidt

Ramon Valdiviez

Julia Carr

Oscar Morales Jr.

Kevin Pavwoski

### Senior Airman

Paul A. Franklin

Jarrold L. Nelson

Dicla Gomez

Julio Ortiz

Joshua Colby

Victoria Anderson

Guadalupe Sojo

Elisha Olivas

Victor Bejarano

### Airman 1st Class

Ronetta Braggs

Sweeney

## 302nd continued from page 7

will be a good opportunity to see how the operational Air Force works."

"The experience will be good," added Airman Sojo. Sergeant Bostick and Airman Sojo were activated in October. Airman Rojero, previously an alternate, was activated in December.

Both APS flights will rotate to other locations. The Peterson reservists were activated in late December and will be responsible for the delivery of military cargo and personnel to various destinations.

Brig. Gen. William P.

Kane, 302nd Airlift Wing commander, met with 39th APS members and their families before the deployments. He ensured the families the 39th APS is prepared to support the war effort. "I'm extremely proud of the dedicated professionals who deployed," said General Kane "I'm confident that they will represent our nation and our Air Force with honor."

The activation and deployments of the 39th APS mark the largest activation and deployment of 302nd AW personnel since Dec. 14, 2001. At that time more than 600 reservists were activated following the Sept. 11 terrorists attacks.



Brig. Gen. William P. Kane, 302nd AW commander, and Ellen Cesarone, staff assistant to U.S. Congressman Joel Hefley, send off Master Sgt. Augusto Goncalves, 39th Aerial Port Squadron B flight team chief, and fellow deployers. (Photo by 2nd Lt. Jody Ritchie)

# Herc, glider family comes together in Air Force skies

By Tech. Sgt. Tim Taylor  
Front Range Flyer

One could hardly find a connection between the two. The rumbling of a set of turboprops on a C-130 as it plods through the clouds and the serene calmness of a soundless glider as it drifts across the horizon are as different as night and day. However, within the 302nd Airlift Wing there is a very distinct connection – one which bonds a father and his two sons.

Lt. Col. Randy Rothe is in the twilight of his Air Force Reserve career, but is leaving his legacy to two sons who are taking different, yet somewhat similar, routes to follow in their father's footsteps. Second Lt. Chris Rothe is currently undergoing pilot training to become a C-130 pilot and Cadet Second Class Zachary Rothe, is a TG-10 glider pilot. Their father, a 1977 academy graduate, has flown both C-130s and gliders.

Lieutenant Rothe did not attend the academy, instead, graduating from the aviation program at Metro State College in Denver. He then joined the Reserve. He completed Officer Training School and Specialized Undergraduate Pilot Training, graduating in the top five percent of his class in SUPT and earning a spot on the Commander's List with Distinction. Following completion of Air Force pilot training and C-130 training, he will be flying the Hercules as a traditional reservist in the 731st Airlift Squadron. "I'm planning on being a 'bum,' coming here and flying as much as they'll let me the next couple of years," he said.

Cadet Rothe, meanwhile, presses on as a junior at the academy. He is assigned to Squadron 22, the same squadron his father was assigned to. He recently earned his "wings" to join his father as a glider instructor pilot.

Colonel Rothe joined the 731st AS in 1989, then went to the Civil Air Patrol and then back to the academy in 2000 as a glider instructor pilot. A change in the Air Force made

the glider program a detachment of the 302nd Operations Group in June 2004, bringing together gliders and C-130s in a sense.

It was with gliders that the Rothes built a common bond. With their father a Federal

passed on an appointment to the academy because getting a pilot training slot was not a sure thing, but he also knew that would not rule out the possibility of being an Air Force pilot. "I knew about the Reserve at the same time," he said. "I'd say it was probably one of the most difficult decisions I had to make up to this point."

The 302nd AW has been supportive of the lieutenant, even sending a C-130 to his SUPT graduation, something other Reserve units didn't do.

What about Cadet Rothe? Only time will tell if he sews on the infamous green patch of the 731st AS. "If things go smoothly, hopefully I'll be some kind of pilot," he said. "I definitely love this city so I would definitely come back."

The family tradition extends beyond father and sons though. "My father and two brothers, one older and one younger, retired from active duty," Colonel Rothe said. "It's nice to carry on the family tradition."

However, that's not the end of the family connection. Wife and mother, Pam, flies as well. "It's really nice that my wife flies," said Colonel Rothe, "Because she understands what we're going through."

One might say the Rothe family has their proverbial heads in the clouds, but it's a good thing for the Air Force and Air Force Reserve.



Top to bottom, Lt. Col. Randy Rothe, 2nd Lt. Chris Rothe, Cadet Second Class Zachary Rothe. (Photo by Tech. Sgt. Tim Taylor)

Aviation Administration certified flight instructor, the sons took up flying also; Lieutenant Rothe at age 12 and Cadet Rothe when he was 13. "They have what you call national glider camps," said the lieutenant. "That's how both of us started flying."

"That was my Reserve job at the time, Civil Air Patrol, so I would go flying with them," said Colonel Rothe.

"I knew I wanted to fly since I was very young," said Cadet Rothe. "With them in front of me I kind of had no choice."

Lieutenant Rothe

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